



Metropolitan Police Sailing Club

*Rear Commodore
Training*



Internet: www.mpsc.uk.com Email: mpsc@hotmail.co.uk

Clubline: [020 8643 4292](tel:02086434292)

JOINING INSTRUCTIONS

Thank you for booking your intensive RYA Day Skipper Theory Course with the Metropolitan Police Sailing Club.

Please contact the clubline should you have any further questions or enquiries.

On the day of the course please contact your instructor, whose details will be emailed to you.

Venue - **MPSC Broadway Base, Mercury Yacht Harbour, Satchell Lane, Hamble, Hampshire, [SO31 4HQ](http://www.mpsc.uk.com)**

Start Time - **0900**

Finish Time - **Around 1700**

Accommodation

Self-catering accommodation has been arranged from Saturday until Wednesday right next to Mercury Yacht Harbour at the Riverside Park www.riversideholidays.co.uk.

The accommodation will be available from 4.00pm on the first day. You will need to supply food and drink etc. required for your stay; you may wish to liase with other students on the course (e-mail addresses will be on the e-mail accompanying this doc) to make shopping arrangements, although there will be opportunities to shop locally if required.

Free Day Sail

Following your assessment, you will be taken sailing on one of the club yachts.

The day sail starts at 5.00pm on the Wednesday and finishes at 4.00pm on the Thursday.

For your sailing trip clothing should be packed in a soft bag not a suitcase. We provide Musto waterproofs together with lifejackets and all necessary safety equipment.

Directions

From London travel down the M3 to M27.

Take the M27 east towards Portsmouth.

Come off at Junction 8, following the signpost to Hamble le Rice; turn right at the bottom of the slip and the second exit at the next roundabout.

Follow the road over two mini roundabouts.

At the third, after taking the first exit take the first turning left into Satchell Lane.

Follow Satchell lane for about a mile and Mercury Yacht Harbour is sign posted on the left adjacent to a caravan park.

Alternatively you can use the A3 from London and take the M27 west towards Southampton.

The Broadway Base is the slipway and blue portacabin complex immediately on your right.

Parking

Parking is free in the marina car park.

Walk along the front of the marina complex then left along a gravel road which brings you to various commercial units.

Facilities

Teas, coffees, biscuits etc. will be available on site.

There are marina restaurant facilities available daily or limited sandwiches etc. from the chandlery but feel free to bring your own packed lunch.

Features of Course

- Your classroom tuition is supplemented by 'hands on' practical exercises using props and varied visual teaching methods, including Video, Pictures and power-point projector.
- Your instructors are RYA Practical Instructors both sail and power, bringing realism and personal experience into the classroom.
- You will also be offered a 'free' day sail on one of the Club yachts.

Course and Content

This is a shore-based course that introduces the novice crew or aspiring skipper to a wide range of subjects needed to take a yacht, motor cruiser or powerboat to sea.

It introduces you to terminology, seamanship, safety and the Collision Regulations, navigation to find your way and plan your route and basic meteorology.

During the course you will sit two formal written assessments, one on navigation and the other a general paper covering, seamanship, meteorology and the collision regulations. You will also have to complete homework.

At the end of the course, the successful students will be awarded the RYA Day Skipper Shore based Certificate. This is an internationally recognised qualification that will assist you in any practical RYA Course of the future.

Our role is to prepare and help you enjoy this sport with additional knowledge. If you are uncomfortable with your knowledge in sitting any formal assessments, the timings etc are decided after consultation and negotiation with you.

This course introduces the skills necessary to:

- ✓ Navigate in coastal waters using; - position fixing, plotting a course to steer, estimating your position, tidal heights and streams, passage planning, pilotage, electronic navigation using GPS and Chart Plotters.
- ✓ Identify the use and type of knots used in seamanship, types of construction, parts and equipment on yachts or motor cruisers
- ✓ Be aware of safety equipment and procedures such as distress calls, use of flares, safety harnesses, life jackets and liferafts
- ✓ Recognise action to be taken under the International Regulations for the Prevention of Collision at Sea
- ✓ Find sources of weather information and act upon the information in the forecast

“TO GO OR NOT TO GO, THAT IS THE QUESTION”

Course Format

The course is run on a continuous assessment basis and may include some homework and private study between classes with two written final assessment evaluations.

You Provide

1. A notebook and pens to make notes along with 2b pencils and a rubber for chart work
2. A set of marine dividers (at least 8inch) of a type with tightening screw,
3. A Portland Course Plotter or other Course Plotter

N.B. - The plotter, dividers and pencils may be purchased from the Force 4 chandlery at Mercury Yacht harbour.

Qualification

Successful candidates will be awarded an RYA Day Skipper Shorebased Certificate

Available from your Instructor

- Included in Club Course Fees: - RYA Day Skipper Pack which includes basic course notes, practice charts RYA 1 & RYA 2, Practice Navigation Tables, assessment papers, chart plotter CD.
- For use in class: - laptop computers for use with chart plotters N.B. - Please feel free to bring your own laptop and load the chartplotter for your own use.

Reading List

If anyone is visiting a book shop or chandlery to prepare for the class, can I recommend the following reading, remember you may be able to obtain them from your local library:

- The RYA NAVIGATION HANDBOOK by Tim Bartlett (Code G6),
- The Complete Day Skipper by Tom Cunliffe,
- Day Skipper by Pat Langley-Price & Philip Ouvry
- Learning Rules of the Road by Basil Mosenthal

Have a look at Chart 5011 which is actually a book of Symbols and Abbreviations.

Whilst the above books may help you, none are a requirement of the course.

Kit List

The following list covers some of the personal items you need to take: –

- Plenty of warm clothing. Thermal base layers are recommended with sufficient layers to put on or take off as necessary. Fleece is also good.
- Deck shoes or similar soft-soled shoes, which will give grip and not mark the deck.

- Sleeping bag (if staying overnight).
- Pillow if you need one
- Towel & toiletries.
- Warm hat and gloves (sailing type are best)
- Sailing wellies (not the garden type). These are available at good chandlers and sailing wear shops and will keep your feet dry throughout the week whereas deck shoes may be difficult to dry out.
- Seasickness tablets if you think you may need them (Stugeron are recommended)
- Your RYA Cruising Logbook (if you have one)

Good luck with the course and enjoy.

Please ring the clubline should you have any questions.

Kind regards

Alistair Mills

Rear Commodore Training
M.P.S.C.