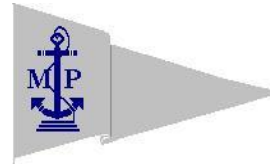




Metropolitan Police Sailing Club



SAFETY BRIEF (To be read to all crew BEFORE commencement of any voyage)

Yacht Safety Briefing Checklist

Check Medical Information – Ask the student if they have any medical condition or are taking any medication. Confirm whether or not they can swim.

Fire extinguishers – Ensure that the student is aware of the location and operation of all fire extinguishers.

Gas – Instruct the student in basic gas safety measures in particular the requirement to turn off at the bottle when not in use. Draw their attention to the gas alarm and ensure they know how to operate the cooker.

Bilge Pumps – Students should know the location and operation of all bilge pumps

Sea Cocks – Ensure the student knows the whereabouts and operation of sea cocks as well as the location of wooden bungs.

Harnesses – Each student should have a harness/lifejacket and lifeline adjusted to fit. They should be worn in accordance with the declared safety policy

Lifejackets – The club follow the RYA policy and all students must wear life jackets unless it's safe to take them off. In particular they must always be worn when in a dinghy and at all times by non-swimmers when on deck. Full instructions are given in the safety policy.

Liferaft – The hydrostatic release should be explained as well as the method and circumstances of deployment.

Flares – The location and operation of flares should be explained together with the circumstances of when they are used.

Engine – Students should be familiar with the operation to start and stop the engine and the operation of the throttle/gear lever.

Lookout – The importance of keeping a good lookout particularly at night should be emphasised.

Personal Safety – The importance of personal safety should be brought home to all students and their attention drawn to potential hazards in particular the danger from the boom and associated ropes or blocks.

VHF Radio Operation – The basic operation of the VHF, operation of the DSC alert, and the location of the emergency action card.

First Aid Kit – The location of the first aid kit and manual.